

Ram Navami Essay Group II: Dharma

Dharma is a way of life, the path that all Hindus should pursue. Dharma describes how we should live our lives so we can learn to be good people. Dharma includes rules which must be followed to pursue the path of dharma. These rules include patience, honesty, compassion and forgiveness. Good dharma results in good Karma. Dharma affects the future based on the Karma accumulated.

In the Ramayana, after Lord Ram has been sent into exile, Bharata goes to the forest to find Lord Ram when he realizes what his mother had plotted to get Bharata on the throne. He begs Lord Ram to come back and rule the kingdom but Ram, bound by the promise made by his father to Kaikeyi, says that he cannot come back to Ayodhya yet. Bharata, knowing that he couldn't get Lord Ram to return to the kingdom, asked for his sandals. He said that he would leave his sandals under the throne so he could worship the feet of his lord every day.

Another example of Dharma in the Ramayana was when, against Lord Ram's will and in order to follow Rajya-Dharma, he had to test Sita Devi's chastity by making her walk through a fire

All in all, Dharma is an important thing in all Hindus' life because Hinduism is the way of life called Sanatana Dharma, or Eternal Dharma, that all Hindus should follow. In order to be a good person in the path of Sanatana Dharma, I think that following the way of Dharma is the way to go.